

Second Generation Health Extension Program



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Background

With the goal of making basic primary health care services accessible to the rural community, the Ethiopian government launched the health extension program (HEP) in the agrarian areas beginning in 2003. Based on lessons from the successful implementation of the agrarian health extension program, the HEP has expanded to urban and pastoral areas.

The HEP is intended to transfer ownership and responsibility of maintaining health to individual households so that communities are empowered to produce their own health. The focus of HEP is disease prevention and health promotion, with limited curative care. It is the healthcare service delivery mechanism of the people, by the people, and for the people by involving the community in the whole process of healthcare delivery and by encouraging them to maintain their own health. The program involves women in decision-making processes and promotes community ownership, empowerment, autonomy and self-reliance.

Ethiopia has come a long way in improving the health status of its people as evidenced by the achievement of most health related Millennium Development Goals (MDGs). The progress has been rapid after the inception of the HEP.

Rationale

As literacy and socioeconomic status improves, the demand for quality service is also increasing. Besides, changes in the demographic trends, epidemiology and mushrooming urbanization require a more comprehensive services covering a wide range and quality curative, promotion and preventive services. To respond to the rapidly changing situations, the Government is currently revisiting the HEP. As addressing equity and quality of health services are the main focuses of the new Ethiopian Health Sector Transformation Plan (HSTP), most basic services will be shifted and shared to the community level. Therefore, improving the competence of HEWs and Health Development Army (HDA) is crucial.

Components of the second generation HEP

The component of the health extension program varies based on where it is going to be implemented. The second generation rural HEP includes: upgrading HEWs to level four Community Health Nurses, renovation and expansion of health posts, equipping and supplying health posts with the necessary equipments and supplies, shifting basic services to the community level and institutionalizing the HDA platform.

In cities and urban areas, Family Health Team (FHT) approach will be introduced. The FHT approach will comprise multi professionals to address the complex situation and health problems of urban settings. The family health team will be composed of clinicians, public health professionals, environmental technicians, other health professional, social workers and health extension professionals to provide services for the urban dwellers which have various types of health needs. The community/household level health services will also be geared towards the neediest segment of the population - the urban poor, and those unreached to address avoidable inequalities in accessing quality health care.

The third type will be the pastoralist HEP. Considering the varied nature of the community residing in the pastoralist and developing regions, FMOH with the Regional Health Bureaus is committed to develop unique strategy to address the Pastoralist communities' health issues.

Anticipated challenges

The challenges at the urban and rural areas might be similar in many of cases, but they might have peculiar challenges. To mention some, in urban areas, Medical doctors are expected to be part of the family health team, but the production, might not be sufficient to fill all family health team with Medical Doctors. In addition, the information system and community based Insurance requires expedited implementation to respond to the needs of the Family Health Team. On the other hand, as the scope of practice of the health extension workers in the rural areas expands, it requires equipment and appropriate space which demand additional resources to meet the standard. Hence, mean while, the Ministry is working with regions to mobilize resources, using the existing human resources, phase by phase introduction of the new health extension packages.



Conclusion

To summarize, the government of Ethiopia has devised and implemented strategies to strengthen community health system to be more inclusive, resilient and organized. Furthermore, as is in the first generation of HEP, engaging communities to take part in all program cycles - planning, implementation, monitoring and evaluation processes of will be a priority.



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